

TECHNICAL SHEET

TRAVESIA A NADO VALÈNCIA GAY GAMES 2026

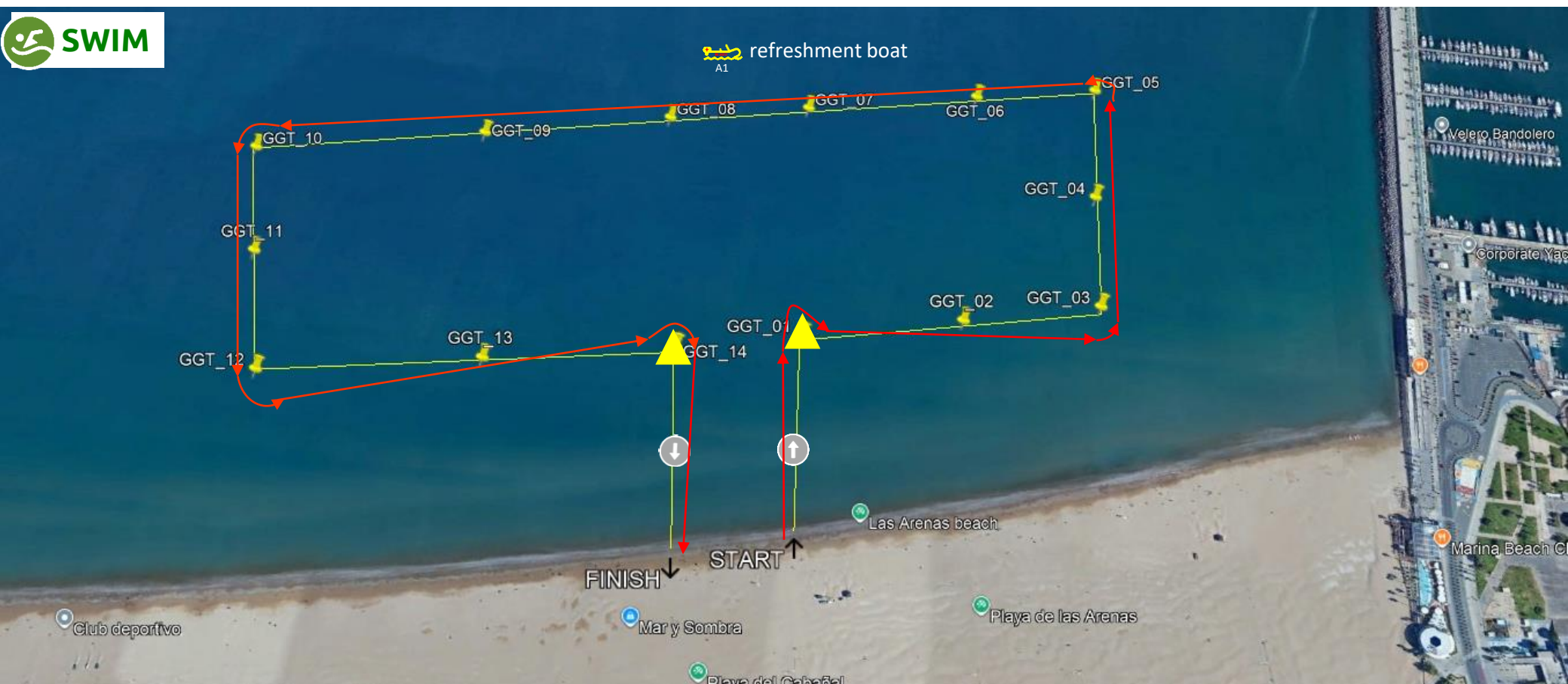
1) Datos de la prueba

DENOMINACIÓN	TRAVESIA A NADO GAY GAMES VALÈNCIA 2026
PRUEBAS	TRAVESIA A NADO EN AGUAS ABIERTAS
FECHAS	04/07/2026
HORARIO PRUEBAS	10:00h
UBICACIÓN	Playa de las Arenas
Municipio	València
Distancia nado	2.500m + 5.000m

2.1) Circuit plan 2.500 meters x 1 Lap.



2.2) RACE 2.500 meters x 1 Lap. FLOW THROUGH BUOY



Tubular buoys, leaving them to the left



Triangular buoys, leaving them to the right

3.1) Circuit plan 5.000 meters x 2 Lap.



3.2) Race 5.000 meters = 2.500m x 2 Lap. FLOW THROUGH BUOY

1º LAP 2º LAP



Tubular buoys, leaving them to the left



Triangular buoys, leaving them to the right

4) Key Instructions for the Event

Please read the following safety and logistical guidelines carefully to ensure a smooth and safe race for everyone (2,500m and 5,000m):

Course and Buoys:

Triangular buoys: Must be passed keeping them to your **right**.

Tubular buoys: Must be passed keeping them to your **left**.

Fair Play: Please avoid collisions or hitting other swimmers when rounding the buoys. Let's keep it safe and sportsmanlike.

In-Race Hydration & Nutrition

There will be an unanchored refreshment boat (water and bananas) located at the midpoint of the course. If you need hydration or food, you must swim up to the boat to receive it.

Safety and Assistance at Sea

Need a rest? If you feel unwell or need a moment to recover, you may hold onto any of the support **kayaks** to rest.

Need rescue? If there is no kayak nearby, **raise your hand** to signal the safety and rescue boats patrolling the course.

Withdrawing from the Race

If you decide to withdraw from the race and return on your own, **you must report it to the officials on the shore** so they can log your withdrawal and collect your timing chip. *Please do not leave the venue without notifying staff.*