

Prueba 31  
09/07/2023

Fem., 400m Libre

Absoluto Femenino  
Resultados

Récord Absoluto C.V.	4:10.95	MARTÍNEZ GUILLEN, ÁNGELA	P. DE MALLORCA	2023
Mejor Marca Autonómica 16F	4:16.68	MICÓ GONZÁLEZ, SARA	LAS PALMAS	2021
Mejor Marca Autonómica 17F	4:14.68	MARTÍNEZ GUILLEN, ÁNGELA	LAS PALMAS	2021

Mínima Absoluta Femenino 1 - 51: 4:55.48 / Mínima Junior Fem. 2006 JUN: 5:03.75 / Mínima Junior Fem. 2007 JUN: 5:08.01

Clasificación	AN		Tiempo		Ptos. A	Ptos. J
<b>Junior Femenino R</b>						
1.	VICENT SERRANO, Anna	06	C.D. Nados Castellon	<b>4:32.99</b>	13,00	19,00
	50m: 31.61 31.61 150m: 1:40.41 34.89 250m: 2:50.11 34.64 350m: 3:59.78 34.93					
	100m: 1:05.52 33.91 200m: 2:15.47 35.06 300m: 3:24.85 34.74 400m: 4:32.99 33.21					
2.	FIBLA MIRALLES, Gemma	07	C.N. Vinaros	<b>4:37.83</b>	11,00	16,00
	50m: 32.08 32.08 150m: 1:41.83 35.37 250m: 2:52.94 35.88 350m: 4:04.82 36.10					
	100m: 1:06.46 34.38 200m: 2:17.06 35.23 300m: 3:28.72 35.78 400m: 4:37.83 33.01					
3.	MARTINEZ GUILLEN, Sara	07	Kzm Swimming Team	<b>4:39.27</b>	10,00	14,00
	50m: 33.43 33.43 150m: 1:44.50 35.72 250m: 2:56.04 35.81 350m: 4:06.21 34.86					
	100m: 1:08.78 35.35 200m: 2:20.23 35.73 300m: 3:31.35 35.31 400m: 4:39.27 33.06					
4.	MARTEL PAREJA, Lucía	06	C.N. Ferca-San Jose	<b>4:40.71</b>	9,00	13,00
	50m: 32.01 32.01 150m: 1:42.72 35.75 250m: 2:54.93 36.00 350m: 4:06.37 35.43					
	100m: 1:06.97 34.96 200m: 2:18.93 36.21 300m: 3:30.94 36.01 400m: 4:40.71 34.34					
5.	GRANELL VALLES, Lara	06	C.D. Nados Castellon	<b>4:44.82</b>	6,00	12,00
	50m: 34.09 34.09 150m: 1:46.24 36.75 250m: 2:58.93 35.96 350m: 4:10.58 35.99					
	100m: 1:09.49 35.40 200m: 2:22.97 36.73 300m: 3:34.59 35.66 400m: 4:44.82 34.24					
6.	CANO RUIZ, Maria	07	C.N. Ferca-San Jose	<b>4:49.31</b>	3,00	11,00
	50m: 31.96 31.96 150m: 1:44.81 37.01 250m: 2:59.57 37.05 350m: 4:13.84 36.44					
	100m: 1:07.80 35.84 200m: 2:22.52 37.71 300m: 3:37.40 37.83 400m: 4:49.31 35.47					
7.	ORTIZ FERNANDEZ, Paula	06	Kzm Swimming Team	<b>4:49.75</b>	2,00	10,00
	50m: 33.76 33.76 150m: 1:46.36 36.59 250m: 2:59.72 36.51 350m: 4:13.56 36.94					
	100m: 1:09.77 36.01 200m: 2:23.21 36.85 300m: 3:36.62 36.90 400m: 4:49.75 36.19					
8.	RIUS ARAGO, Yara	07	Cst-Cst Costa Azahar	<b>4:55.95</b>	-	9,00
	50m: 34.30 34.30 150m: 1:48.51 37.43 250m: 3:03.97 37.72 400m: 4:55.95 1:14.08					
	100m: 1:11.08 36.78 200m: 2:26.25 37.74 300m: 3:41.87 37.90					
9.	GOMEZ-ZURDO ABAD, Lledo	07	Cst-Cst Costa Azahar	<b>4:56.77</b>	-	8,00
	50m: 34.09 34.09 150m: 1:49.11 38.14 250m: 3:05.10 38.05 350m: 4:21.25 38.11					
	100m: 1:10.97 36.88 200m: 2:27.05 37.94 300m: 3:43.14 38.04 400m: 4:56.77 35.52					
10.	GARCIA LOPEZ, Lucia	06	C.N. San Vicente	<b>5:00.72</b>	-	7,00
	50m: 33.81 33.81 150m: 1:49.11 38.40 250m: 3:05.96 38.61 350m: 4:23.77 39.11					
	100m: 1:10.71 36.90 200m: 2:27.35 38.24 300m: 3:44.66 38.70 400m: 5:00.72 36.95					
11.	SANCHEZ BROCH, Laia	07	Cst-Cst Costa Azahar	<b>5:00.87</b>	-	-
	50m: 34.17 34.17 150m: 1:49.21 37.70 250m: 3:06.32 38.46 350m: 4:23.06 38.35					
	100m: 1:11.51 37.34 200m: 2:27.86 38.65 300m: 3:44.71 38.39 400m: 5:00.87 37.81					
12.	MONES GUILLEM, Maria Teresa	06	C.N. Vinaros	<b>5:01.20</b>	-	6,00
	50m: 33.20 33.20 150m: 1:48.10 38.12 250m: 3:05.12 38.46 350m: 4:23.78 39.80					
	100m: 1:09.98 36.78 200m: 2:26.66 38.56 300m: 3:43.98 38.86 400m: 5:01.20 37.42					
13.	ESPADA GALARZA, Laura	06	C.D. Nados Castellon	<b>5:05.45</b>	-	-
	50m: 33.56 33.56 150m: 1:49.09 38.38 250m: 3:08.39 39.62 350m: 4:27.50 39.31					
	100m: 1:10.71 37.15 200m: 2:28.77 39.68 300m: 3:48.19 39.80 400m: 5:05.45 37.95					
14.	LLORCA PEREZ, Paula	06	Cst-Cst Costa Azahar	<b>5:12.02</b>	-	-
	50m: 33.45 33.45 150m: 1:48.49 38.40 250m: 3:08.64 40.71 350m: 4:30.98 41.57					
	100m: 1:10.09 36.64 200m: 2:27.93 39.44 300m: 3:49.41 40.77 400m: 5:12.02 41.04					

FNCV 22/23

50 mts./ 10 calles/ C: Electrónico

DISPONIBLE EN SPLASH.ME

Prueba 31, Fem., 400m Libre

Absoluto Femenino

1.	MARTINEZ ROGLA, Rosa	03	Cst-Cst Costa Azahar	<b>4:31.69</b>	19,00	-
	50m: 31.43 31.43	150m: 1:40.52	35.18 250m: 2:50.09	34.31	350m: 3:59.39	34.45
	100m: 1:05.34 33.91	200m: 2:15.78	35.26 300m: 3:24.94	34.85	400m: 4:31.69	32.30
2.	MICO GONZALEZ, Sara	05	C.N. Tennis Elche	<b>4:31.86</b>	16,00	-
	50m: 30.77 30.77	150m: 1:39.80	34.90 250m: 2:49.89	35.26	350m: 4:00.26	34.63
	100m: 1:04.90 34.13	200m: 2:14.63	34.83 300m: 3:25.63	35.74	400m: 4:31.86	31.60
3.	BELTRAN DALMAU, Lucia	05	Cst-Cst Costa Azahar	<b>4:31.96</b>	14,00	-
	50m: 30.76 30.76	150m: 1:39.68	34.51 250m: 2:48.64	34.52	350m: 3:58.47	34.62
	100m: 1:05.17 34.41	200m: 2:14.12	34.44 300m: 3:23.85	35.21	400m: 4:31.96	33.49
4.	VICENT SERRANO, Anna	06	C.D. Nados Castellon	<b>4:32.99</b>	13,00	19,00
	50m: 31.61 31.61	150m: 1:40.41	34.89 250m: 2:50.11	34.64	350m: 3:59.78	34.93
	100m: 1:05.52 33.91	200m: 2:15.47	35.06 300m: 3:24.85	34.74	400m: 4:32.99	33.21
5.	LILLO MELLADO, Miriam	05	C.N. San Vicente	<b>4:37.27</b>	12,00	-
	50m: 31.89 31.89	150m: 1:41.49	35.18 250m: 2:52.16	35.33	350m: 4:03.13	35.16
	100m: 1:06.31 34.42	200m: 2:16.83	35.34 300m: 3:27.97	35.81	400m: 4:37.27	34.14
6.	FIBLA MIRALLES, Gemma	07	C.N. Vinaros	<b>4:37.83</b>	11,00	16,00
	50m: 32.08 32.08	150m: 1:41.83	35.37 250m: 2:52.94	35.88	350m: 4:04.82	36.10
	100m: 1:06.46 34.38	200m: 2:17.06	35.23 300m: 3:28.72	35.78	400m: 4:37.83	33.01
7.	MARTINEZ GUILLEN, Sara	07	Kzm Swimming Team	<b>4:39.27</b>	10,00	14,00
	50m: 33.43 33.43	150m: 1:44.50	35.72 250m: 2:56.04	35.81	350m: 4:06.21	34.86
	100m: 1:08.78 35.35	200m: 2:20.23	35.73 300m: 3:31.35	35.31	400m: 4:39.27	33.06
8.	MARTEL PAREJA, Lucía	06	C.N. Ferca-San Jose	<b>4:40.71</b>	9,00	13,00
	50m: 32.01 32.01	150m: 1:42.72	35.75 250m: 2:54.93	36.00	350m: 4:06.37	35.43
	100m: 1:06.97 34.96	200m: 2:18.93	36.21 300m: 3:30.94	36.01	400m: 4:40.71	34.34
9.	FRANCÉS ALBERO, Paula	08	C.N. Tennis Elche	<b>4:43.82</b>	8,00	-
	50m: 31.64 31.64	150m: 1:40.84	35.16 250m: 2:53.88	36.65	350m: 4:07.87	37.21
	100m: 1:05.68 34.04	200m: 2:17.23	36.39 300m: 3:30.66	36.78	400m: 4:43.82	35.95
10.	VICENTE VILLAMON, Maria	08	C.N. Ac. Morvedre Sagunto	<b>4:43.83</b>	7,00	-
	50m: 32.57 32.57	150m: 1:44.61	35.65 250m: 2:57.91	36.34	350m: 4:10.13	35.38
	100m: 1:08.96 36.39	200m: 2:21.57	36.96 300m: 3:34.75	36.84	400m: 4:43.83	33.70
11.	GRANELL VALLES, Lara	06	C.D. Nados Castellon	<b>4:44.82</b>	6,00	12,00
	50m: 34.09 34.09	150m: 1:46.24	36.75 250m: 2:58.93	35.96	350m: 4:10.58	35.99
	100m: 1:09.49 35.40	200m: 2:22.97	36.73 300m: 3:34.59	35.66	400m: 4:44.82	34.24
12.	MIRANDA MELIÁ, Olivia	09	C.N. Delfin	<b>4:44.93</b>	5,00	-
	50m: 32.87 32.87	150m: 1:44.43	35.88 250m: 2:57.69	36.56	350m: 4:10.66	36.10
	100m: 1:08.55 35.68	200m: 2:21.13	36.70 300m: 3:34.56	36.87	400m: 4:44.93	34.27
13.	PAYOLA ANGLADA, Nuria	99	C.N. Delfin	<b>4:47.73</b>	4,00	-
	50m: 32.12 32.12	150m: 1:42.48	35.87 250m: 2:55.95	36.70	350m: 4:10.57	37.30
	100m: 1:06.61 34.49	200m: 2:19.25	36.77 300m: 3:33.27	37.32	400m: 4:47.73	37.16
14.	CANO RUIZ, Maria	07	C.N. Ferca-San Jose	<b>4:49.31</b>	3,00	11,00
	50m: 31.96 31.96	150m: 1:44.81	37.01 250m: 2:59.57	37.05	350m: 4:13.84	36.44
	100m: 1:07.80 35.84	200m: 2:22.52	37.71 300m: 3:37.40	37.83	400m: 4:49.31	35.47
15.	ORTIZ FERNANDEZ, Paula	06	Kzm Swimming Team	<b>4:49.75</b>	2,00	10,00
	50m: 33.76 33.76	150m: 1:46.36	36.59 250m: 2:59.72	36.51	350m: 4:13.56	36.94
	100m: 1:09.77 36.01	200m: 2:23.21	36.85 300m: 3:36.62	36.90	400m: 4:49.75	36.19
16.	RIUS ARAGO, Yara	07	Cst-Cst Costa Azahar	<b>4:55.95</b>	-	9,00
	50m: 34.30 34.30	150m: 1:48.51	37.43 250m: 3:03.97	37.72	400m: 4:55.95	1:14.08
	100m: 1:11.08 36.78	200m: 2:26.25	37.74 300m: 3:41.87	37.90		

Prueba 31, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN								Tiempo	Ptos. A	Ptos. J
17. MARIN CLARES, Claudia	05	C.N. Piscis-Mislata							<b>4:56.17</b>	-	-
50m:	33.29	33.29	150m:	1:48.20	37.88	250m:	3:04.35	37.91	350m:	4:20.19	37.54
100m:	1:10.32	37.03	200m:	2:26.44	38.24	300m:	3:42.65	38.30	400m:	4:56.17	35.98
18. GOMEZ-ZURDO ABAD, Lledo	07	Cst-Cst Costa Azahar							<b>4:56.77</b>	-	8,00
50m:	34.09	34.09	150m:	1:49.11	38.14	250m:	3:05.10	38.05	350m:	4:21.25	38.11
100m:	1:10.97	36.88	200m:	2:27.05	37.94	300m:	3:43.14	38.04	400m:	4:56.77	35.52
19. CIOBANU SPATARU, Martha	09	C.D. Nados Castellon							<b>4:59.36</b>	-	-
50m:	34.05	34.05	150m:	1:48.64	37.90	250m:	3:04.79	38.33	350m:	4:22.07	38.51
100m:	1:10.74	36.69	200m:	2:26.46	37.82	300m:	3:43.56	38.77	400m:	4:59.36	37.29
20. GARCIA LOPEZ, Lucia	06	C.N. San Vicente							<b>5:00.72</b>	-	7,00
50m:	33.81	33.81	150m:	1:49.11	38.40	250m:	3:05.96	38.61	350m:	4:23.77	39.11
100m:	1:10.71	36.90	200m:	2:27.35	38.24	300m:	3:44.66	38.70	400m:	5:00.72	36.95
21. SANCHEZ BROCH, Laia	07	Cst-Cst Costa Azahar							<b>5:00.87</b>	-	-
50m:	34.17	34.17	150m:	1:49.21	37.70	250m:	3:06.32	38.46	350m:	4:23.06	38.35
100m:	1:11.51	37.34	200m:	2:27.86	38.65	300m:	3:44.71	38.39	400m:	5:00.87	37.81
22. MONES GUILLEM, Maria Teresa	06	C.N. Vinaros							<b>5:01.20</b>	-	6,00
50m:	33.20	33.20	150m:	1:48.10	38.12	250m:	3:05.12	38.46	350m:	4:23.78	39.80
100m:	1:09.98	36.78	200m:	2:26.66	38.56	300m:	3:43.98	38.86	400m:	5:01.20	37.42
23. DIAZ CASTILLO, Irene	05	C.N. Villena Alto Vinalopo							<b>5:02.82</b>	-	-
50m:	32.88	32.88	150m:	1:45.19	36.65	250m:	3:02.99	39.49	350m:	4:23.26	40.45
100m:	1:08.54	35.66	200m:	2:23.50	38.31	300m:	3:42.81	39.82	400m:	5:02.82	39.56
24. ESPADA GALARZA, Laura	06	C.D. Nados Castellon							<b>5:05.45</b>	-	-
50m:	33.56	33.56	150m:	1:49.09	38.38	250m:	3:08.39	39.62	350m:	4:27.50	39.31
100m:	1:10.71	37.15	200m:	2:28.77	39.68	300m:	3:48.19	39.80	400m:	5:05.45	37.95
25. LLORCA PEREZ, Paula	06	Cst-Cst Costa Azahar							<b>5:12.02</b>	-	-
50m:	33.45	33.45	150m:	1:48.49	38.40	250m:	3:08.64	40.71	350m:	4:30.98	41.57
100m:	1:10.09	36.64	200m:	2:27.93	39.44	300m:	3:49.41	40.77	400m:	5:12.02	41.04