

Prueba 13  
16/12/2023 - 17:40

Masc., 400m Estilos

Abs.  
Resultados

Récord Absoluto C.V.	4:08.20	VIVES GOMIS, CARLOS	ESTANBUL	2009
Mejor Marca Autonómica 18M	4:22.67	MONCHO GONZALEZ, PAU	CASTELLON	2021
Mejor Marca Autonómica 17M	4:23.43	MONCHO GONZALEZ, PAU	CASTELLON	2020
Mejor Marca Autonómica 16M	4:26.68	BONAL HERNANDEZ, MIKEL	BARCELONA	2018
Mejor Marca Autonómica 15M	4:29.54	ALDABE BOMSTAD, MARCO	MADRID	2008
Mejor Marca Autonómica 14M	4:37.60	RINCON MARTINEZ, RAUL	CASTELLON	2013

Puntos: FINA 2023

Clasificación			AN							Tiempo	Pts	
1.	DYOMA, Artem		07	C.N. Delfin						<b>4:29.61</b>	660	
	50m:	29.52	29.52	150m:	1:40.02	36.54	250m:	2:52.43	35.27	350m:	4:00.42	30.94
	100m:	1:03.48	33.96	200m:	2:17.16	37.14	300m:	3:29.48	37.05	400m:	4:29.61	29.19
2.	MONCHO GONZALEZ, Pau		03	Kzm Swimming Team						<b>4:35.33</b>	620	
	50m:	29.75	29.75	150m:	1:39.00	34.54	250m:	2:52.74	39.18	350m:	4:03.01	30.47
	100m:	1:04.46	34.71	200m:	2:13.56	34.56	300m:	3:32.54	39.80	400m:	4:35.33	32.32
3.	RAYNAUD, Mathis		07	Kzm Swimming Team						<b>4:38.78</b>	597	
	50m:	29.90	29.90	150m:	1:40.89	37.32	250m:	2:56.81	39.54	350m:	4:08.25	31.82
	100m:	1:03.57	33.67	200m:	2:17.27	36.38	300m:	3:36.43	39.62	400m:	4:38.78	30.53
4.	CHAVARRIA MITJAVILA, Joan		05	C.N. Vinaros						<b>4:39.85</b>	590	
	50m:	29.56	29.56	150m:	1:40.86	36.76	250m:	2:58.36	41.20	350m:	4:10.65	32.29
	100m:	1:04.10	34.54	200m:	2:17.16	36.30	300m:	3:38.36	40.00	400m:	4:39.85	29.20
5.	COLL PAREDES, Enrique		06	C.N. Delfin						<b>4:41.01</b>	583	
	50m:	30.41	30.41	150m:	1:42.65	37.13	250m:	2:57.55	39.73	350m:	4:10.05	32.60
	100m:	1:05.52	35.11	200m:	2:17.82	35.17	300m:	3:37.45	39.90	400m:	4:41.01	30.96
6.	MAS ANTOLI, Iker		05	C.N. Vinaros						<b>4:41.49</b>	580	
	50m:	30.19	30.19	150m:	1:41.55	37.63	250m:	2:59.32	41.16	350m:	4:12.70	31.62
	100m:	1:03.92	33.73	200m:	2:18.16	36.61	300m:	3:41.08	41.76	400m:	4:41.49	28.79
7.	GARCIA LOPEZ, Victor		05	C.N. Vila-Real						<b>4:43.91</b>	565	
	50m:	31.03	31.03	150m:	1:44.01	37.80	250m:	3:00.82	40.08	350m:	4:12.24	30.61
	100m:	1:06.21	35.18	200m:	2:20.74	36.73	300m:	3:41.63	40.81	400m:	4:43.91	31.67
8.	ALVAREZ F. CORMENZANA, Javier		07	C.N. San Vicente						<b>4:45.03</b>	559	
	50m:	30.39	30.39	150m:	1:42.69	37.55	250m:	3:00.35	42.16	350m:	4:14.04	31.50
	100m:	1:05.14	34.75	200m:	2:18.19	35.50	300m:	3:42.54	42.19	400m:	4:45.03	30.99
9.	MONLEON MOYA, Alberto		02	C.N. Piscis-Mislata						<b>4:51.53</b>	522	
	50m:	30.35	30.35	150m:	1:45.28	39.69	250m:	3:05.00	40.43	350m:	4:19.58	32.64
	100m:	1:05.59	35.24	200m:	2:24.57	39.29	300m:	3:46.94	41.94	400m:	4:51.53	31.95
10.	BLAZQUEZ AVENDAÑO, Iker		07	C.N. Vila-Real						<b>4:51.69</b>	521	
	50m:	31.59	31.59	150m:	1:46.93	38.70	250m:	3:04.51	38.17	350m:	4:19.12	34.05
	100m:	1:08.23	36.64	200m:	2:26.34	39.41	300m:	3:45.07	40.56	400m:	4:51.69	32.57
11.	ZAPATERO RUIZ, Ivan		05	C.N. San Vicente						<b>4:52.51</b>	517	
	50m:	30.62	30.62	150m:	1:44.35	38.75	250m:	3:04.39	42.21	350m:	4:21.56	34.16
	100m:	1:05.60	34.98	200m:	2:22.18	37.83	300m:	3:47.40	43.01	400m:	4:52.51	30.95
12.	TUREGANO CONTRERAS, Jorge		06	C. Valenciano						<b>4:52.58</b>	516	
	50m:	31.04	31.04	150m:	1:43.96	37.37	250m:	3:02.90	42.54	350m:	4:21.41	35.14
	100m:	1:06.59	35.55	200m:	2:20.36	36.40	300m:	3:46.27	43.37	400m:	4:52.58	31.17
13.	RUIZ DE LA MERCED, Iker		08	C.N. Trencacones Alzira						<b>4:57.36</b>	492	
	50m:	32.67	32.67	150m:	1:48.43	39.27	250m:	3:09.34	42.56	350m:	4:25.83	33.30
	100m:	1:09.16	36.49	200m:	2:26.78	38.35	300m:	3:52.53	43.19	400m:	4:57.36	31.53

Prueba 13, Masc., 400m Estilos, Abs.

Clasificación			AN					Tiempo	Pts			
14.	ZAMORA PONTONES, Joaquin		01	C.N. Piscis-Mislata				<b>5:00.99</b>	474			
	50m:	30.51	30.51	150m:	1:45.55	39.37	250m:	3:07.63	42.85	350m:	4:27.28	35.07
	100m:	1:06.18	35.67	200m:	2:24.78	39.23	300m:	3:52.21	44.58	400m:	5:00.99	33.71
15.	CASTELLS APARISI, Guillermo		07	C.N. Trencaones Alzira				<b>5:14.93</b>	414			
	50m:	35.84	35.84	150m:	1:54.57	40.34	250m:	3:18.60	45.15	350m:	4:40.40	35.51
	100m:	1:14.23	38.39	200m:	2:33.45	38.88	300m:	4:04.89	46.29	400m:	5:14.93	34.53
DSQ	LEDESMA ALVARO, Aaron		06	C. Valenciano								