

2 Jornada Liga Promocion Valenciano
Valencia, 3/12/2023

Prueba 20
03/12/2023 - 10:00

Masc., 400m Libre

AG 20 - 119
Resultados

Puntos: FINA 2023

Clasificación	AN		Tiempo	Pts
20+				
1. SANZ HERNANDEZ, Jorge	03	C. Valenciano	4:48.66	397
50m: 29.85 29.85 150m: 250m:			350m:	
100m: 1:04.48 34.63 200m: 2:17.61		300m:	400m: 4:48.66	
2. GIMENEZ QUEREN, Denis	99	C.N. Mediterraneo Valencia	4:58.65	358
50m: 33.85 33.85 150m: 250m:			350m:	
100m: 1:10.57 36.72 200m: 2:26.53		300m:	400m: 4:58.65	
3. LLUESMA CONTELL, Manuel	99	C. Valenciano	4:58.91	358
50m: 34.95 34.95 150m: 250m:			350m:	
100m: 1:12.33 37.38 200m: 2:29.29		300m:	400m: 4:58.91	
25+				
1. PALLARES MARCO, Rafael	97	C. Valenciano	4:51.88	384
50m: 31.09 31.09 150m: 250m:			350m:	
100m: 1:05.23 34.14 200m: 5:18.75		300m:	400m: 4:51.88	
2. GUILLEM NAVAJAS, Carlos	97	C. Valenciano	5:11.68	315
50m: 33.28 33.28 150m: 250m:			350m:	
100m: 1:10.57 37.29 200m: 2:28.73		300m:	400m: 5:11.68	
30+				
1. FERRER BOIX, Juli	89	C. Sirenas Catarroja	6:09.67	189
50m: 44.35 44.35 150m: 250m:			350m:	
100m: 1:31.55 47.20 200m: 3:08.45		300m:	400m: 6:09.67	
2. NUÑEZ VARELA, Jose Manuel	91	C.N. Mediterraneo Valencia	6:16.31	179
50m: 38.65 38.65 150m: 250m:			350m:	
100m: 1:21.69 43.04 200m: 2:55.30		300m:	400m: 6:16.31	
DSQ ESTELLÉS CABELLO, Javier	91	C. Valenciano		
35+				
1. ANDRÉS RODRIGUEZ, Manuel	87	C.N. Sagunto Morvedre Master	5:23.10	283
50m: 35.43 35.43 150m: 250m:			350m:	
100m: 1:14.34 38.91 200m: 2:36.32		300m:	400m: 5:23.10	
2. ROS LLOPIS, Miguel	88	C.N.E. Gandia	5:29.81	266
50m: 36.83 36.83 150m: 250m:			350m:	
100m: 1:16.28 39.45 200m: 2:38.12		300m:	400m: 5:29.81	
3. NAHARRO RODRIGUEZ, Carlos	86	C. Valenciano	7:05.83	123
50m: 44.66 44.66 150m: 250m:			350m:	
100m: 1:36.37 51.71 200m: 3:25.37		300m:	400m: 7:05.83	
40+				
1. MINGUEZ CUENCA, Guillermo	79	C.N. Mediterraneo Valencia	5:38.29	246
50m: 38.62 38.62 150m: 250m:			350m:	
100m: 1:20.13 41.51 200m: 2:47.39		300m:	400m: 5:38.29	

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Valencia, 3/12/2023

Prueba 20, Masc., 400m Libre, 40+

Clasificación	AN		Tiempo	Pts
2. ARAGÓ CHOFRE, Pablo	82	C. Valenciano	7:35.56	101
50m: 50.16 50.16 150m:		250m:	350m:	
100m: 1:46.59 56.43 200m: 3:40.98		300m:	400m: 7:35.56	

45+

1. PEREZ GARCIA, Jose Ignacio	77	C. Valenciano	5:46.17	230
50m: 37.54 37.54 150m:		250m:	350m:	
100m: 1:19.48 41.94 200m: 2:47.77		300m:	400m: 5:46.17	
2. LIZÓN AGUILAR, José Francisco	75	Club Natacio Denia	5:47.36	228
50m: 38.43 38.43 150m:		250m:	350m:	
100m: 1:20.45 42.02 200m: 2:50.56		300m:	400m: 5:47.36	
3. BELTRÁN BENNASAR, BENJAMÍN	76	C. Valenciano	6:20.67	173
50m: 40.17 40.17 150m:		250m:	350m:	
100m: 1:26.03 45.86 200m: 3:01.22		300m:	400m: 6:20.67	
4. BORDES ALONSO, Rafael	75	C.N. Mediterraneo Valencia	6:26.38	165
50m: 40.19 40.19 150m:		250m:	350m:	
100m: 1:25.71 45.52 200m: 3:04.86		300m:	400m: 6:26.38	
5. RUIZ COSIDO, Joan	78	C. Valenciano	6:49.80	138
50m: 41.08 41.08 150m:		250m:	350m:	
100m: 1:26.01 44.93 200m: 3:05.63		300m:	400m: 6:49.80	
6. MARTÍNEZ MACÍAS, David	78	C. Sirenas Catarroja	7:50.51	91
50m: 44.28 44.28 150m:		250m:	350m:	
100m: 1:35.93 51.65 200m: 3:36.53		300m:	400m: 7:50.51	
7. TENA BENAGES, Jesús	78	C. Valenciano	8:14.36	79
50m: 50.23 50.23 150m:		250m:	350m:	
100m: 1:45.90 55.67 200m: 3:47.49		300m:	400m: 8:14.36	

50+

1. MARCHUET DASI, Juan	72	C. Valenciano	5:39.55	244
50m: 39.76 39.76 150m:		250m:	350m:	
100m: 1:22.16 42.40 200m: 2:48.25		300m:	400m: 5:39.55	
2. BENEDITO LOPEZ, Miguel Angel	72	C. Valenciano	5:51.79	219
50m: 38.63 38.63 150m:		250m:	350m:	
100m: 1:20.21 41.58 200m: 2:48.49		300m:	400m: 5:51.79	

55+

1. ROS MOLLÁ, Ernesto	64	C.N. Ontinyent	7:12.98	117
50m: 50.33 50.33 150m:		250m:	350m:	
100m: 1:42.93 52.60 200m: 3:32.62		300m:	400m: 7:12.98	

60+

1. SAEZ MILLAN, JOAQUÍN SALVADOR	63	C. Valenciano	7:52.31	90
50m: 48.17 48.17 150m:		250m:	350m:	
100m: 1:45.65 57.48 200m: 3:48.21		300m:	400m: 7:52.31	